



Program Elements:

Intake and On-boarding

The Book: *My Pillow has Wings*

Cloud Pillowcases

Digital Lesson Planner with Teacher's Notes

Student Activity Book

Art Activation Modules

Measurement and Testing

Summary Report

Building Resilience and Strengthening Faith

Social Emotional Learning Program for K-8 Christian Schools

At Pillows with Wings, we prepare students for life's challenges by combining faith and emotional strength. Our K-8 curriculum teaches core skills like self-awareness, emotional regulation, and decision-making – all rooted in Christian values. Students learn to set goals, manage conflicts, and build positive relationships while deepening their faith in Christ. With engaging lessons, family involvement, and faith-forward content, students develop confidence and moral guidance to navigate life's difficulties and become compassionate, capable leaders – ready to serve others and make a meaningful impact.

A faith-forward K-8 educational process rooted in the teachings of Christ, focused on increasing the capacity in students to succeed in life and grow in faith.

- Resilience helps children overcome challenges, adapt to change, and build confidence to navigate life's difficulties.
- Christian life brings a sense of purpose, peace, and strength. It encourages trust in God's plan, providing comfort and guidance through life's challenges. By grounding decisions in faith, individuals cultivate deeper relationships, stronger moral values, and a sense of community.

Our Christ-centered SEL curriculum stays faithful to biblical truth, ensuring it reflects Christian values.

SELF AWARENESS - Knowing Yourself Through Christ

When our identity is rooted in Christ, it transforms how we process emotions, respond to challenges, and pursue our purpose. Gratitude and resilience become natural expression of our faith.

SOCIAL AWARENESS - Seeing Others Through God's Eyes

By loving others as Christ loves us, we build authentic connections through attentive listening, trust, and encouragement-honoring the unique strengths of each person.

SELF-MANAGEMENT - Managing Life with Faith and Focus

God strengthens our hearts and minds, helping us manage emotions, embrace personal growth, and make choices that reflect His will.

RELATIONSHIP SKILLS - Building Relationships with Love and Trust

God calls us to reflect His love by building honest, supportive relationships rooted in forgiveness, trust, and servant-hearted leadership.

RESPONSIBLE DECISION-MAKING - Making Decisions Rooted in Faith

By seeking God's wisdom, we can make thoughtful decisions that align with His purpose, bringing love and integrity into our daily lives.

